

YOUR JOURNEY

TO BECOMING EXAM READY



WELCOME TO AS/A LEVEL HEALTH AND SOCIAL CARE AND CHILDCARE



The City & Guilds/WJEC consortium GCE in Health and Social Care and Childcare will equip you with thorough and in-depth knowledge, understanding and skills related to the development and care of individuals throughout the life span from conception to later adulthood. You have the opportunity to develop your understanding of influences on human growth, development, behaviour and well-being. You will also gain a detailed understanding of the social, physical, emotional, and cultural needs of people who use care and support services, and recognise that each individual has a unique blend of abilities and needs. You will gain a thorough understanding of how service provision in Wales supports the development and well-being of individuals, to be able to make informed decisions now and in later life.

PLANNING AHEAD...

This specification includes contemporary issues in relation to the provision of an ethical and sustainable health and social care and childcare system in Wales. Active learning and personalisation are promoted by giving you opportunities to investigate care issues and topics of your own choice. Following a broad study of health and social care and childcare at AS and a choice of pathway at A2 provides you with an opportunity to develop depth of knowledge and understanding in either childcare or adult health and social care.

By studying Health and Social Care and Childcare, you will be able to demonstrate that you:

- understand the ethical, social and political issues affecting the health and social care and childcare sectors
- have an awareness of the principles and values which underpin health and social care and childcare
- understand the child-centred or person-centred approaches to care
- can interpret and evaluate theories in health and social care and childcare, and reflect on how they affect the provision of services

- can identify the sociological, psychological and biological factors that contribute to good health, and explain the role of government and professionals in promoting and maintaining good health
- can use literacy, numeracy, research and digital competency skills as appropriate within their study.

This specification provides a coherent, satisfying and worthwhile course of study for you even if you do not progress to further study in this subject. It provides a suitable foundation for the study of health and social care and childcare through a range of higher education courses, or into employment. You may also progress to other qualifications within the health and social care and childcare suite. The specification is not age-specific and, as such, provides opportunities for you to extend your life-long learning. You will gain a thorough understanding of how service provision in Wales supports the development and well-being of individuals, to be able to make informed decisions now and in later life. The specification includes contemporary issues in relation to the provision of an ethical and sustainable health and social care and childcare system in Wales, and will enable you to make informed decisions about further learning opportunities or continuing into related career choices.

GIVE IT YOUR ALL!

TOP TIPS

Start to think about the different practitioners and job roles available in health and social care and childcare.

Consider how many health and social care and childcare practitioners that you and your family are in contact with in an average month. Is it more or less than you thought it would be?

Consider if there is a particular environment or job role in the health and social care and childcare sectors that you would like to work in.

Make yourself aware! Watch the news! Health and social care and childcare issues are in the news every single day!

Watch health and social care and childcare related programmes online or on TV.

Follow a health and social care or childcare practitioner on social media.

WELLBEING GUIDANCE

Take baby steps.

Remember this is a journey and you will pick skills and knowledge up along the way.

Take regular breaks from studying.

Exercise, meet friends, spend time with family.

Look after yourself.

Make sure you are getting a balanced diet and get enough sleep.

Try to stay positive.

Even if you don't feel like it, a positive attitude will help you.

Remember that everyone's different.

Try not to compare yourself to others.

HOW ARE YOU ASSESSED?

For an A level qualification, you will study a total of four units: two AS units plus the two A2 units related to your chosen pathway: either childcare or adult health and social care.

AS level

AS Unit 1: Promoting health and well-being

There will be a written exam in the summer when you are in year 12.

AS Unit 2: Supporting health, well-being and resilience in Wales

You will need to complete a non-examination assessment (NEA) task on how the health, well-being and resilience of individuals in Wales are supported through outcome-focused care.

A level

Units 1 and 2, plus:

Childcare pathway

A2 Unit 3: Theoretical perspectives of children and young people's development

There will be a written examination in the summer when you are in year 13. The examination is in two sections; Section A will relate to pre-release material.

A2 Unit 4: Supporting the development, health, well-being and resilience of children and young people

You will need to complete a non-examination assessment (NEA) task in which you will produce an information resource for someone planning a future career in the childcare sector.

Adult health and social care pathway

A2 Unit 5: Theoretical perspectives of adult behaviour

There will be a written examination in the summer when you are in year 13. The examination is in two sections; Section A will relate to pre-release material.

A2 Unit 6: Supporting adults to maintain health, well-being and resilience people

You will need to complete a non-examination assessment (NEA) task in which you will produce an information resource for someone planning a future career in the adult health and social care sector.