

# LEVEL 3 HEALTH AND SOCIAL CARE: PRINCIPLES AND CONTEXTS

## Why choose Level 3 Health and Social Care: Principles and Contexts?

The Level 3 Certificate, Diploma and Extended Diploma in Health and Social Care: Principles and Contexts qualifications are suitable if you are over 16 and interested in learning more about the health and social care sectors. The qualifications provide a suitable progression route if you have studied Level 2 qualifications within the health and social care and childcare suite including:

- Level 2 Health and Social Care: Principles and Contexts
- GCSE Health and Social Care and Childcare
- Level 2 Health and Social Care: Core or
- Level 2 Children's Care, Play Learning and Development: Core.

They are also suitable if you have not previously studied Health and Social Care but are capable of Level 3 study.

The qualifications enable you to develop and demonstrate knowledge, skills and understanding within the context of health and social care services. The knowledge, understanding and skills you are required to achieve within these qualifications build on the content of the Level 2 Health and Social Care Core qualification. It is strongly recommended that, if you are undertaking either of these qualifications, you have completed or are currently completing the Level 2 Health and Social Care: Core qualification.

For completion of the Diploma and Extended Diploma qualification, you will need to undertake a minimum of 100 hours of sector engagement, of which 60 hours must be spent undertaking a work placement.

## What will I study?

### Certificate (three mandatory units)

#### Unit 1: Principles of care and safe practice within outcome-focused, person-centred care.

In this unit, assessed through a non-examination assessment (NEA) you will:

- gain knowledge and understanding of professional responsibilities, roles and accountabilities of health and social care workers within the sector.

- learn about legislation, national policies, codes of conduct and professional practice that support health and social care workers in their roles
- gain knowledge of ethical issues and approaches when providing outcome-focused care.
- understand the importance of positive relationships, trust, effective communication and promoting quality care that is outcome-focused.

### Unit 2: Factors affecting individuals' growth and development across the lifespan.

In this unit, assessed through an examination, you will gain knowledge and understanding of the factors that affect an individuals' growth and development across the lifespan and the effects this can have on their personal well-being outcomes and care and support needs.

### Unit 3: Promoting the rights of individuals across the lifespan.

In this unit, assessed through a non-examination assessment (NEA), you will gain knowledge and understanding of the rights of individuals and the barriers to participation they may face, how these are promoted and challenged to promote health and wellbeing.

### Diploma (six mandatory units)

#### Units 1, 2 and 3, as above – plus:

#### Unit 4: Understanding how the human body is affected by common conditions.

In this Unit, assessed through a non-examination assessment (NEA), you will gain knowledge and understanding of common conditions, types and causes, and will investigate how they can affect the human body, as well as examining the care and support available to individuals living with physiological conditions and the challenges they may face.

#### Unit 5: Supporting individuals at risk to achieve their desired outcomes.

In this unit, assessed through a non-examination assessment (NEA), you will build on knowledge and understanding of how to support individuals at risk by enabling them to achieve their desired outcomes, based on a choice of case studies and seeing scenarios through the eyes of a specified health or social care practitioner.



## Unit 6: Working in the health and social care sector.

In this unit, assessed through a non-examination assessment (NEA), you will build on your knowledge and understanding of working in the health and social care sector through classroom teaching and through mandatory sector engagement (minimum 100 hours, which must include 60 hours work placement). You will need to keep a reflective diary of your experiences.

### Extended Diploma (nine mandatory units)

## Unit 7: Anatomy and physiology for health and social care.

In this unit, assessed through an examination, you will gain knowledge and understanding of the anatomy and physiology of the human body and how normal working physiological systems are fundamental in maintaining good health. You will build on this knowledge to investigate injury, disease and conditions and how external factors impact on the body.

## Unit 8: Supporting the health and well-being of adults in Wales to achieve positive outcomes.

In this unit, assessed through a non-examination assessment (NEA), you will explore the approaches to person-centred health and well-being used by practitioners in supporting and managing the behavior of adults in Wales, and investigate how approaches and techniques influence provision of individualised care.

## Unit 9: Investigating contemporary issues in health and social care in Wales.

In this unit, assessed through a non-examination assessment (NEA), you will gain knowledge and understanding of how research is undertaken and presented to develop the way in which health and social care professionals deliver care. You will develop the skills to undertake secondary research into your own choice of contemporary issue in health and social care in Wales.

## What skills will I develop?

By studying the Level 3 Certificate and/or Diploma/Extended Diploma in Health and Social Care: Principles and Contexts, you will be able to develop and demonstrate your knowledge, skills and understanding within the context of health and social care services. In particular, you will be able to demonstrate that you:

- Understand the principles and values which underpin health and social care practice and can apply them to a range of health and social care contexts.
- Understand and reflect on the ways in which individuals' unique needs can be identified and responded to.
- Understand ways in which effective, person-centred practice and well-being within health and social care can be promoted and supported.
- Can analyse, interpret and evaluate theories in health and social care and reflect on how they could influence practice.
- Are aware of changing sector policy and how these changes affect service development and delivery.
- Can use literacy, numeracy, research and digital competency skills as appropriate within your studies.

## How will I be assessed?

Certificate	Diploma Units 1, 2 and 3 as above plus:	Extended Diploma Units 1 to 6 as above plus:
<b>Unit 1:</b> Principles of care and safe practice within outcome-focused, person-centred care is internally assessed through a non-examination assessment (NEA): marked by your teacher and externally moderated by WJEC.	<b>Unit 4:</b> Understanding how the human body is affected by common conditions is internally assessed through a non-examination assessment (NEA): marked by your teacher and externally moderated by WJEC.	<b>Unit 7:</b> Anatomy and physiology for health and social care will be externally assessed through a written examination which:
<ul style="list-style-type: none"> <li>● 20 hours will be allocated for this assessment.</li> <li>● It is out of 100 marks.</li> <li>● It includes 2 tasks – writing a report and producing an information pack.</li> </ul>	<ul style="list-style-type: none"> <li>● Is 2 hours in length.</li> <li>● Is out of 100 marks.</li> <li>● Can be taken on screen or as a written paper.</li> <li>● Includes a range of question types.</li> <li>● Only includes compulsory questions relating to anatomy and physiology for health and social care.</li> </ul>	<ul style="list-style-type: none"> <li>● Is 2 hours in length.</li> <li>● Is out of 100 marks.</li> <li>● Can be taken on screen or as a written paper.</li> <li>● Includes a range of question types.</li> <li>● Only includes compulsory questions relating to anatomy and physiology for health and social care.</li> </ul>

## How will I be assessed?

Certificate	Diploma Units 1, 2 and 3 as above plus:	Extended Diploma Units 1 to 6 as above plus:
<p><b>Unit 2:</b> Factors affecting individuals' growth and development across the lifespan will be externally assessed through a written examination which:</p> <ul style="list-style-type: none"> <li>• Is 1 hour 45 minutes in length.</li> <li>• Is out of 100 marks.</li> <li>• Can be taken on screen or as a written paper.</li> <li>• Includes a range of question types.</li> <li>• Only includes compulsory questions.</li> </ul>	<p><b>Unit 5:</b> Supporting individuals at risk to achieve their desired outcomes is internally assessed through a non-examination assessment (NEA): marked by your teacher and externally moderated by WJEC.</p> <ul style="list-style-type: none"> <li>• 15 hours are allocated to this assessment.</li> <li>• It is out of 100 marks.</li> <li>• The assessment is made up of two tasks.</li> <li>• Tasks will be based on a choice of case studies available on WJEC secure website each year.</li> <li>• You will need to provide evidence in the form of case notes and a personal care and support plan.</li> </ul>	<p><b>Unit 8:</b> Supporting the health and well-being of adults in Wales to achieve positive outcomes is internally assessed through a non-examination assessment (NEA): marked by your teacher and externally moderated by WJEC.</p> <ul style="list-style-type: none"> <li>• 15 hours are allocated to this assessment.</li> <li>• It is out of 60 marks.</li> <li>• There are two tasks which draw on knowledge and understanding of supporting health and well-being of adults in Wales.</li> <li>• You will need to provide evidence of a report and an information booklet.</li> </ul>
<p><b>Unit 3:</b> Promoting the rights of individuals across the lifespan will be internally assessed through non-examination assessment (NEA): marked by your teacher, externally moderated by WJEC.</p> <ul style="list-style-type: none"> <li>• 20 hours will be allocated for this assessment.</li> <li>• It is out of 80 marks.</li> <li>• You will need to provide evidence for set tasks to demonstrate your knowledge and understanding of promoting the rights of individuals in supporting their health and well-being.</li> <li>• The evidence will be based on a group of individuals of your choice.</li> <li>• The evidence will need to be either a podcast, a presentation or a video.</li> </ul>	<p><b>Unit 6:</b> Working in the health and social care sector is internally assessed through a non-examination assessment (NEA): marked by your teacher and externally moderated by WJEC.</p> <ul style="list-style-type: none"> <li>• The assessment contains tasks set by WJEC and based on your sector engagement and work placement.</li> <li>• 18 hours are allocated for this assessment.</li> <li>• It is out of 120 marks.</li> </ul>	<p><b>Unit 9:</b> Investigating contemporary issues in health and social care in Wales is internally assessed through a non-examination assessment (NEA): marked by your teacher and externally moderated by WJEC.</p> <ul style="list-style-type: none"> <li>• The assessment contains tasks set by WJEC and based on your sector engagement and work placement.</li> <li>• 18 hours are allocated for this assessment.</li> <li>• It is out of 120 marks.</li> </ul>

## Careers with Level 3 Health and Social Care: Principles and Contexts

The specification provides a coherent, satisfying and worthwhile course of study even if you do not progress to further study in this subject, although you may also progress to other qualifications within the Health and Social Care and Childcare suite; for example, the Level 2 and Level 3 Health and Social Care Practice qualifications. It also provides a suitable foundation for the study of health and social care through a range of higher education courses, or apprenticeships.