

2.3.4. (b) Government initiatives and current legislation that aim to support a sustainable health and social care, and childcare system in Wales

Partnership working

The Social Services and Well-being (Wales) Act 2014 is the legal framework that brings together and modernises social services law through the following principles:

- Voice and control
- Prevention and early intervention
- Well-being
- Co-production

The Well-being of Future Generations (Wales) Act 2015

Aims to improve the social, economic, environmental and cultural well-being of Wales now and in the future.

- Well-being goals
- Sustainable development principles
- Well-being duty

Combined nutrition and physical activity programmes in key settings:

- Healthy Start Programme
- Welsh Network of Healthy School Schemes
- Primary School Free Breakfast Initiative
- Food and Nutrition for Childcare Settings – Guidance on best practice
- Dragon Multi-skills and Sport resources
- Community Food Co-operative Programme
- The Eatwell Guide
- Change 4 life
- 5x60 initiative

Prudent Healthcare

This is about shaping the Welsh NHS to ensure added value, contributing to improved outcomes and being sustainable.

The principles:

1. Achieve health and well-being with the public, patients and health professionals as equal partners through co-production.
2. Provide care for those with the greatest health needs first, making effective use of all skills and resources.
3. Do what is needed – no more, no less; and do no harm.
4. Reduce inappropriate variation through evidence-based practices consistently and transparently.

Lifestyle advice and information, signposting to public health interventions/services

- Health Challenge Wales
- Beat Flu campaign

