

Surname	Centre Number	Candidate Number
First name(s)		2



GCE AS/A Level – NEW

2570U10-1



WEDNESDAY, 25 MAY 2022 – MORNING

HEALTH AND SOCIAL CARE, AND CHILDCARE
Unit 1 – Promoting health and well-being

2 hours

For Examiner's use only		
Question	Maximum Mark	Mark Awarded
1.	8	
2.	12	
3.	10	
4.	8	
5.	6	
6.	14	
7.	8	
8.	14	
Total	80	

INSTRUCTIONS FOR CANDIDATES

Use black ink or black ball-point pen. Do not use gel pen or correction fluid.
 Write your name, centre number and candidate number in the spaces at the top of this page.
 Answer **all** questions.
 Write your answers in the spaces provided in this booklet. If you run out of space, use the additional page(s) at the back of the booklet, taking care to number the question(s) correctly.

INFORMATION FOR CANDIDATES

The number of marks is given in brackets at the end of each question or part-question.
 You are reminded of the need for good English and orderly, clear presentation in your answers.
 The quality of your written communication, including appropriate use of punctuation and grammar, will be assessed in your answer to question 8.



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2. (a) Outline the meaning of holistic health and well-being, and the factors that contribute towards them. [6]

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(b) The biopsychosocial model is an example of a holistic model of health, disability and well-being.

Discuss the main features of the biopsychosocial model. [6]

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3. Preventative measures such as a vaccination programme can be used to reduce the spread of an infectious disease.

Consider how preventative measures can be made more effective by education and family/community support.

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5. Organising promotional events is one method that can be used to provide information to encourage individuals to improve their health, well-being and resilience.

Describe **three** other methods that can be used to provide information to individuals to improve their health, well-being and resilience.

[6]

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6. The Welsh Government collects data about the mental health and well-being of young people in Wales.

(a) Outline how this data can support the need for health and well-being campaigns for children and young people in Wales.

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