

Surname	Centre Number	Candidate Number
First name(s)		0



GCSE

3570UB0-1



S23-3570UB0-1

WEDNESDAY, 24 MAY 2023 – AFTERNOON

HEALTH AND SOCIAL CARE, AND CHILDCARE
UNIT 1: Human Growth, Development and Well-being

1 hour 30 minutes

For Examiner's use only		
Question	Maximum Mark	Mark Awarded
1.	1	
2.	6	
3.	1	
4.	19	
5.	11	
6.	6	
7.	14	
8.	13	
9.	9	
Total	80	

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INSTRUCTIONS TO CANDIDATES

Use black ink or black ball-point pen.

Write your name, centre number and candidate number in the spaces at the top of this page.

Answer **all** questions.

Write your answers in the spaces provided in this booklet. If you run out of space, use the continuation page(s) at the back of the booklet, taking care to number the question(s) correctly.

INFORMATION FOR CANDIDATES

The number of marks is given in brackets at the end of each question or part-question.

The total number of marks available is 80.

You are reminded of the necessity for good English and orderly, clear presentation in your answers.

The quality of your written communication, including appropriate use of punctuation and grammar, will be assessed in your answer to question **8(c)**.

Answer **all** questions.

1. Mark is 15 years old. Tick (✓) **one** box that identifies Mark's life stage.

[1]

Life Stage	Tick one box
Childhood	
Adolescence	
Infancy	
Later Adulthood	

2. Georgia takes James, her 15-month-old baby, to baby clinic for his check-up. The health visitor weighs James.

- (a) State the area of James's development the health visitor is checking.

[1]

The health visitor records James's weight on a percentile chart.

- (b) Use the percentile chart opposite to answer the following questions:

- (i) Identify James's weight at birth.

[1]

- (ii) Identify James's current weight.

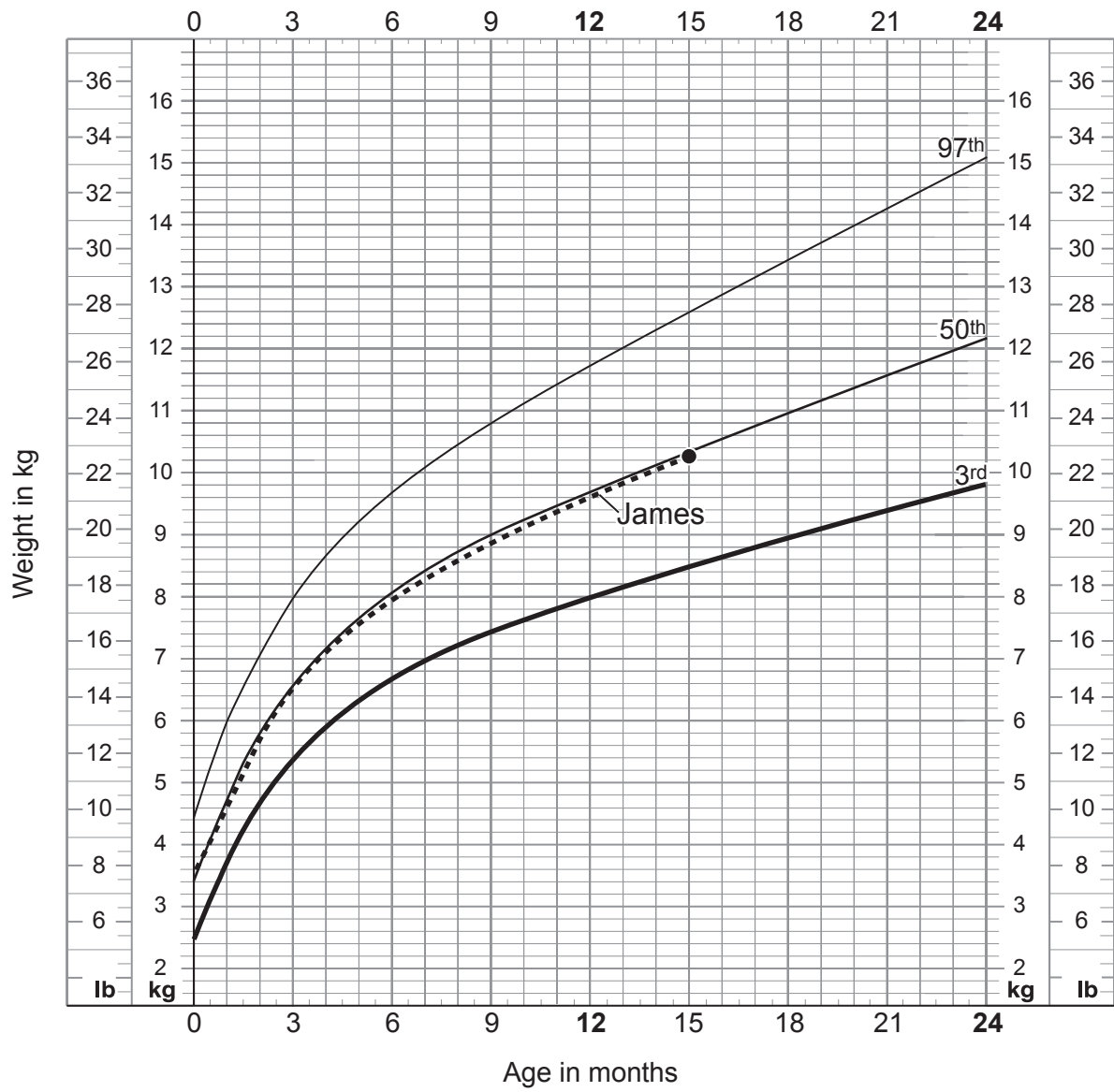
[1]

- (iii) Describe James's pattern of development.

[2]

- (iv) Suggest **one** reason for the most current weight recording.

[1]



3. **Underline** the correct term to complete the sentence below:

The time during middle adulthood when a woman's monthly bleeding cycle stops is called **menstruation/menopause**.

[1]

4. (a) Identify **one** different characteristic for each type of relationship.

[3]

The first one has been completed for you.

Type of relationship	Characteristic
Family	Support
Intimate, personal and sexual	(i)
Working	(ii)
Friendship	(iii)

- (b) Describe the expected pattern of language development of a child.

[6]

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- (c) Fred is 6-years-old, his parents understand that there is a close link between physical health and mental health.

Explain the physical and mental health benefits for Fred in attending swimming lessons.

- (i) Physical health benefits. [5]

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- (ii) Mental health benefits. [5]

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5. Katie is 12 years old and experiencing puberty.

(a) Analyse the impact of puberty on Katie's physical and emotional development.

[8]

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(b) Describe how having mindfulness lessons at school could help Katie.

[3]

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6. Steffan is 55 years old and has arthritis.

(a) Identify **two** health services that could support Steffan.

[1, 1]

(i)

(ii)

(b) Explain how care and support from health services can help Steffan manage his condition.

[4]

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- (a) Identify **two** physical changes which Patrik may experience in later adulthood. [1, 1]

(ii)

- (ii) Explain how the identified unexpected life event may have short and long-term effects on Patrik's well-being. [5]

(c) Explain how Lena's support could aid Patrik's recovery from his accident.

[6]

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8. Dorothy is a 78-year-old widow, who lives alone. She has recently been feeling socially isolated.

(a) Define the term 'neglect'.

[2]

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- (b) Dorothy has chosen to move into residential care. Her care worker has the responsibility to inform Dorothy about all aspects of her care and encourage her to be an active partner in her care.

Explain the benefits of being an active partner on Dorothy's well-being.

[5]

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- (c) Dorothy is confident when communicating through the medium of Welsh but feels nervous when she has to communicate in English.

Discuss how the care home could use the principles of the 'Active Offer' to help Dorothy to feel more comfortable in her new environment. [6]

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- [9]

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