

2.3.3. (a) Contemporary issues in health and social care, and childcare

There are many different contemporary issues affecting the health and well-being of individuals in Wales.

Adverse childhood experiences (ACEs)

Mental health/anxiety

Children as carers

Bullying

Food poverty/poverty and childhood

Female genital mutilation (FGM)

A procedure where the female genitals are deliberately cut, injured or changed with no medical reason.

Obesity and childhood obesity

Substance misuse and young children

Children who are looked after

Exploitation

The use of something to get an advantage from it.

Child exploitation

A form of sexual abuse where a child or young person is exploited, e.g. given things like gifts, drugs, money, status and affection in return for sexual acts.

Radicalisation

A procedure where an individual or group adopts radical political, social or religious ideals and aspirations that reflect or undermine the status quo.

The ageing population

We need to equip the ageing population with the care they need.

Self-harming

Any behaviour where someone causes harm to themselves, usually as a way to help cope with difficult thoughts and feelings.

Sustainability of health and social care and childcare in Wales.

In order to track data on certain contemporary issues, there are different types of **statistical evidence** that can help to:

- analyse the statistical analysis
- explain any patterns or trends identified in the data
- identify how the health patterns and demographics of an area can influence service provision.

Sources of data

- The Health and Social Care Information Centre (HSCIC) programme (previously known as the NHS Care Data Programme) uses information to improve the safety and care of patients.
- Public Health Wales' Child Measurement Programme
- Welsh Health Survey – this survey covers a wide range of topics, e.g. population and health, the NHS and Social Care.