



Level 2

Children's Care, Play, Learning and
Development: Core

Practice Multiple Choice Test (MCQ)
Unit 002

11. Rolling over is an expected physical development milestone for a baby. What is the **next expected** stage of development?

(a)	Crawls or shuffles across the floor	
(b)	Sits up unaided without toppling over	
(c)	Walks around furniture unaided	
(d)	Pull themselves up onto all fours	

12. Which of the following factors is **most** likely to impact on a child's health and well-being?

(a)	Hunger and lack of sleep	
(b)	Being unwashed and not having clean clothes	
(c)	Lack of sleep and being unwashed	
(d)	Ill-fitting clothes and shoes	

13. Which health care professional would a child who has mobility issues be referred to by a GP or a paediatrician?

(a)	Play therapist	
(b)	Speech and language therapist	
(c)	Education Psychologist	
(d)	Physiotherapist	

14. Lena is choosing her own play activities instead of engaging in the group activity. Her key worker decides to allow this to continue. What is this **best** described as?

(a)	Lena having free choice and the opportunity to have more fun	
(b)	Lena being given the opportunity to learn additional skills	
(c)	Lena having developed a positive relationship with her key worker	
(d)	Lena having access to a positive learning experience	

15. What is the **main** reason for a childcare setting to provide periods of 'quiet time' as well as physical activity?

(a)	To ensure staff have time to set up new activities for the children	
(b)	To give the children time to recuperate and process their experiences	
(c)	To give staff time for complete daily record sheets for each child	
(d)	To ensure children have time to have a snack and think about what activity to do next	

16. You are outside with a group of children and two other staff members. One of the children is busy playing and you notice they have wet themselves. What should you do?

(a)	Call out for a member of staff to take them in and change them immediately	
(b)	Bring some clean clothes outside so the child doesn't have to leave their play	
(c)	Check that there are enough staff outside and quietly take the child in to change	
(d)	Wait until all the children go back inside, then change the child	

17. What must children do to have healthy teeth and gums?

(a)	Brush their teeth after every meal, for up to 2 minutes using fluoride toothpaste and rinse their mouths with water	
(b)	Brush their teeth every morning and night and after eating sweet foods for up to 2 minutes	
(c)	Brush their teeth twice a day, using fluoride toothpaste for up to 2 minutes, without rinsing with water	
(d)	Brush their teeth twice a day, for up to 2 minutes using fluoride toothpaste and rinse their mouths with water	

18. According to government guidance which milk is **not** recommended for under-fives?

(a)	Full fat milk	
(b)	Semi skimmed milk	
(c)	Skimmed milk	
(d)	A combination of semi and full fat milk	

19. Which of these activities carried out in a childcare setting would be **least** likely to encourage children to make healthy food choices?

(a)	Making fruit kebabs with the children	
(b)	Making cornflake cakes with the children	
(c)	Making a range of healthy snacks available	
(d)	Designing a vegetable plot outside	

20. Which document should a nursery manager use for guidance when writing a medication policy for the setting?

(a)	Welsh Government Foundation Phase framework 2015	
(b)	National Minimum Standards for Regulated Childcare 2016	
(c)	Health and Safety Act 1974	
(d)	Social Services and Well-being (Wales) Act 2014	