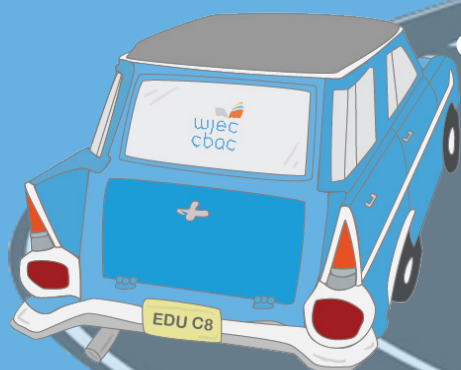


# YOUR JOURNEY

TO BECOMING EXAM READY



## WELCOME TO GCSE HEALTH AND SOCIAL CARE AND CHILDCARE (SINGLE AND DOUBLE AWARD)



The City & Guilds/WJEC consortium GCSE in Health and Social Care and Childcare is suitable for you if you are aged 14-16 and are interested in learning about the development and care of individuals throughout the life cycle from conception to later adulthood. There are no previous learning requirements for this qualification. It is suitable if you have achieved a Level 1 qualification or if you have no previous knowledge of the children's care, play, learning and development sectors. It will equip you with knowledge, understanding and skills related to the development and care of individuals throughout the

life cycle from conception to later adulthood. You will have the opportunity to develop your understanding of influences on human growth, development, behaviour and well-being. You will also gain an understanding of the social, physical, emotional, and cultural needs of people who use care and support services, and recognise that each individual has a unique blend of abilities and needs. You will gain an understanding of how service provision in Wales supports the development and well-being of individuals, to be able to make informed decisions now and in later life.

## PLANNING AHEAD...

This specification has been designed to include contemporary issues in relation to the provision of an ethical and sustainable health and social care and childcare system in Wales. Active learning and personalisation are promoted by giving you opportunities to investigate care issues and topics of your own choice. The subject content and assessment requirements are designed to ensure you develop an appropriate breadth and depth of knowledge, understanding and skills in health and social care, and childcare.

**By studying Health and Social Care and Childcare, you will be able to:**

- develop and apply knowledge, understanding and skills to contemporary issues in a range of health and social care, and childcare contexts
- actively engage in the study of health and social care and childcare to develop as effective and independent learners, and as critical and reflective thinkers with enquiring minds
- appreciate a range of perspectives on the impacts of health and social care and childcare services on wider society

- consider how health and social care and childcare practice should be ethical and support a sustainable health and care system
- develop and apply skills relevant to health and social care, and childcare including using and interpreting data
- develop an awareness of career pathways available within the health and social care and childcare sector.

This specification provides a coherent, satisfying and worthwhile course of study even if you do not progress to further study in this subject. It provides a suitable foundation for the study of Health and Social Care and Childcare at AS or A level, in addition to providing a suitable foundation for a range of Level 2 or Level 3 qualifications within the Health and Social Care and Childcare suite. It will also help you make informed decisions about a wide range of career pathways. It has been designed to include contemporary issues in relation to the provision of an ethical and sustainable health and social care and childcare system in Wales, and to enable you to make informed decisions about further learning opportunities or continuing into related career choices.

# GIVE IT YOUR ALL!

## TOP TIPS

**Start to think about the different practitioners** and job roles available in health and social care and childcare.

**Consider how many** health and social care and childcare practitioners that you and your family are in contact with in an average month. Is it more or less than you thought it would be?

**Consider if there is a particular environment** or job role in the health and social care and childcare sectors that you would like to work in.

**Make yourself aware!** Watch the news! Health and social care and childcare issues are in the news every single day!

**Watch health and social care** and childcare related programmes online or on TV.

**Follow a health and social care** or childcare practitioner on social media.

## WELLBEING GUIDANCE

### Take baby steps.

Remember this is a journey and you will pick skills and knowledge up along the way.

### Take regular breaks from studying.

Exercise, meet friends, spend time with family.

### Look after yourself.

Make sure you are getting a balanced diet and get enough sleep.

### Try to stay positive.

Even if you don't feel like it, a positive attitude will help you.

### Remember that everyone's different.

Try not to compare yourself to others.

## HOW ARE YOU ASSESSED?

### Single Award

#### Unit 1: Human growth, development and well-being

There will be a written examination in the summer, usually when you are in year 10.

#### Unit 2: Promoting and maintaining health and well-being

You will need to complete two non-examination assessment (NEA) tasks:

Task 1: Service Provision

Task 2: Health Promotion

### Double Award

Units 1 and 2, plus:

#### Unit 3: Health and Social Care and Childcare in the 21st century

There will be a written examination in the summer when you are in year 11.

#### Unit 4: Promoting and Supporting health and well-being to achieve positive outcomes

You will need to complete one non-examination assessment - an activity to meet a need.

